



Camp Waves of Hope 2024!

Camp Waves of Hope began over 20 years ago as a grief and loss camp for children who are dealing with the loss of a loved one. Over the years the camp experience has expanded into something more for those who attend. It's not just a summer camp; it's truly an amazing event where lifelong bonds and memories are created by all who participate.



The camp formerly known as **Camp Rainbow of Hope** ran last year from August 13—August 16 and is always absolutely free to all who wish to participate. Over the course of those few days, campers enjoyed fun summertime activities such as campfires, swimming, tie-dying, and games just to name a few. What sets Camp Waves of Hope apart from other summer camps are the Healing Circles that the campers participate in over the course of their stay.

Healing Circles are small group meetings led by trained mental health professionals designed to explore each individual's grief, create coping skills, and enhance each participant's support network. Healing Circle interventions are designed by licensed mental health counselors to address various aspects of the grief and loss journey.

[See camp schedule and link to apply on pg 3.](#)

Our New Name: Friends of Hospice in Oswego County

We recently changed our name to Friends of Hospice in Oswego County to more accurately reflect the nature of our organization as we work with local hospice agencies after the closure of Oswego County Hospice. Take a look at our new logo!



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Hospice of CNY Family Care Giver Volunteer Training

7 Consecutive Thursdays
5:00 pm – 7:30 pm

April 4, 11, 18, 25; May 2, 9, concluding May 16

Location:

Hospice of CNY & FL Main Office
990 7th North Street
Liverpool, NY 13088

315-634-1100

www.hospicecny.org/volunteer/



Who Shot the Sheriff? Murder mystery dinner... see back page.



Upcoming Events

Friends of Hospice Cup Regatta June 15th

Oswego Yacht Club
11 W Seneca St.
Oswego, NY



Open to the public
Saturday June 15th at 2pm.

Raffles, dinner and awards

Annual Meeting July 17th



Breitbeck Park 8 am.

Hotcakes for Hospice October 20th



Oswego Elks Lodge
132 West 5th St
Oswego, NY

Watch our Facebook page and website for updates.

<https://friendsofhospice.org>



Our Mission:

Friends of Oswego County Hospice provides financial and non-medical assistance, as well as bereavement services, to help enhance the time Oswego County patients and their families have together, and to support them following their loss.



Hospice of CNY Continues to Serve Oswego County

Hospice of Central New York and of the Finger Lakes has proudly provided care in tandem with the Oswego County Hospice for many years. With the closing of the Oswego County Hospice in 2022, it's important that our friends in Oswego County know that we are still here for them. Hospice care is, and will continue to be, available for you. In fact, just last year our dedicated staff traveled over 114,000 miles and provided nearly 6,000 patient-care days in Oswego County. We expect that to increase in the next year.

We are also pleased to be offering our **in-person grief support groups** to our Hospice families and community. Weekly attendance is encouraged but is not required.

Grief Support Group For Parent Loss

Tuesday Evenings – 6 pm to 7:15 pm

April 2, 9, 16, 23, 30, and May 7

Grief Support Group For Spouse/Partner Loss

Wednesday Evenings – 6 pm to 7:15 pm

April 3, 10, 17, 24, and May 1, 8

Location: Hospice of CNY & FL Main Office – Solace Room
990 7th North Street, Liverpool, NY 13088
315-634-1100

www.hospicecny.org/upcoming-grief-center-events/

Our volunteers are integral in the holistic and integrated support of our patients and families. If you are interested in becoming a **Family Care Giver volunteer** for those who need our services in Oswego County, we are hosting our **Spring 2024 Training Sessions** (see page 1).



Camp Waves of Hope 2024 (cont.)



PayPal Makes It Easy To Donate

You can make a one-time or monthly donation with PayPal.

To make a monthly donation: Click on the box that says "Make this a monthly donation" for whatever amount you choose. You can change or cancel anytime in your PayPal account settings.

[Donate \(PayPal\)](#)



Donate to Friends of Hospice in Oswego County

Providing extra support for the patients and families of Oswego County Hospice

\$10 USD

Make this a monthly donation

You authorize PayPal to pay Friends of Hospice in Oswego County \$10.00 around this day each month. You can change or cancel anytime in your PayPal account settings.

Donate with PayPal

Mini Buddies ages 5-7—Day Camp
 Sunday, August 18

Little Buddies ages 8-12—Overnight
 Monday, August 19 to Wednesday, August 21

Big Buddies ages 13-18—Overnight
 Sunday, August 18 to Wednesday, August 21

Apply now online at friendsofhospice.org. and like our Facebook Page!



Friends of Hospice Wishlist

\$50 Walmart gift cards to be given to hospice families at admission to cover costs of food, personal care items, comfort items or anything they may need. [Walmart Registry](https://shorturl.at/cfE07)

Thank you to our 2024 corporate sponsors!

Stewarts Shops, Fulton Savings Bank, Fulton Companies, Laborers 633, Allanson-Glanville Funeral Home, Mexico VFW, J&A Mechanical, Chase Enterprises, Menter Ambulance, Haun Welding Supply, IOOB #1647 and Oswego Lions Club.



Hey... Follow me to the back page (pg 4) to get the scoop about the Wild West Murder Mystery Dinner!



“Who Shot The Sheriff?”

An interactive show featuring...



- a BBQ buffet dinner
- costume contest
- prizes
- lottery board
- and cash bar!

Volunteer to..

- act
- read a script
- be a detective
- question suspects

Be a spectator and help solve the mystery



Saturday, April 27

6:00-9:00 p.m.

\$55/person

**Ancient Order of Hibernians
22 Munn St., Oswego**

For tickets, call 315-216-7580 or pay with

Venmo: venmo@Friendsofhospice

PayPal: Oswego.hospice@gmail.com

(Include name and number of tickets in memo.)



Happy Easter!

**Friends of Oswego
Hospice in Oswego Cty
Elena Twiss, Exec. Dir.
(315) 216-7580**

Office: 3 Creamery Rd.
Oswego, NY 13126

Mail: P.O. Box 102
Oswego, NY 13126

Follow our Facebook page
and website for updates.

www.friendsofhospice.org



WILD WEST MURDER MYSTERY DINNER

See back side for details...

NON-PROFIT ORG.
U.S. POSTAGE
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